

ALL
FRESH



Asparagus & Strawberries WEEKLY MENU 25.05.-29.05.2020

Start your day with an Immun-Booster!

- 🌿 **Ginger-Shot**, 30 ml (80 % Ginger und 20 % Lemon)
- 🌿 **Celery-Shot**, 30 ml (100 % Celery) **2,50 EUR**



How about a healthy breakfast?

- 🌿 **Green Smoothie**, 400 ml (spinach, banana, mint, strawberries, apple, avocado) **4,90 EUR**
- 🌿 **Seeds-Pudding** (chia-seeds, linseeds, hamp seeds, strawberries, MandelDrink, agave sirup, blueberries, coconut flakes, buffered quinoa)



Do you like to go for a light Lunch?

- 🌿 **Asparagus-Coconut-Soup**, 400 ml (asparagus, fresh onion, chilli, coconut milk, lime, curry powder) **4,90 EUR**



- 🌿 **Asparagus-Lemongras-Bowl**, 400 ml (asparagus in lemongras, quinoa, red cabbage, asian beech mushrooms in soya, baby corn, greenpeez)



Something for a dessert?

- 🌿 **Strawberry Creme Cake** (Dough: oats and dates; creme: strawberries, cashews, cocount oil, coconut blossom syrup) **4,90 EUR**



You can order everything separated but better as a **Menu for 15,00 EUR** (select 1 from every position)

Optional you can order an additional Cold Pressed Juice* (330 ml) for 5,00 EUR (instead of 6,95 EUR).

* The different varieties of Cold Pressed Juices can be found at www.blattreich.de

DISCOUNT

If you order 3 or more menus per delivery 1 bottle of Cold Pressed Juice (150 ml) will be added for free.

Cold Pressed Juices Offer
3 bottles à 330 ml for 15,00 EUR
6 bottles à 330 ml for 25,00 EUR

PICK-UP AND DELIVERY CONDITIONS

Pick-Up in our Natural Food To Go Shop

🌿 Please **PREORDER**

Email: info@blattreich.de

Tel: 06172-4956803

WhatsApp: 0172-6811547

🌿 Address Shop: Niederstedter Str. 12, 61440 Oberursel
(Opposite of the Firefighters in Oberstedten)

Currently Oppening Hours

Monday-Friday: 11 a.m.-1 p.m.

Thursday: 10 a.m.-2 p.m.

Free Delivery for orders more than 10,00 EUR

Because of the current situation we accept following payments
(we prefer cash or bank transfer)

🌿 PayPal (zahlung@blattreich.de)

🌿 cash: exact amount in an envelope at the time of delivery

🌿 bank transfer: BlattReich, IBAN: DE65 5019 0000 6300 8698 64

STAY AT HOME! STAY HEALTHY!

LET NATURE BE YOUR FOOD